

The book was found

The Best Homemade Kids' Lunches On The Planet: Make Lunches Your Kids Will Love With Over 200 Deliciously Nutritious Lunchbox Ideas - Real Simple, Real Ingredients, Real Quick!



Synopsis

We all know that kids need to eat right and get the nutrition they need to be their best all day long. So why not make lunches that will power their growing brains and bodies? Making lunches at home is a great way to keep your child healthy. Not only does it allow you to nourish your child with the most pure and wholesome ingredients, but it also gives you the peace of mind of knowing what has gone into every bite your little one takes. Full of recipes to suit every age and stage, *The Best Homemade Kids' Lunches on the Planet* shows you how simple and easy it is to prepare food that will be the envy of the lunch table. The 200+ adorable and inspiring recipes in this book are just as much a joy to make as they are to eat! There are even entire lunchbox meals that are gluten-, soy-, and/or nut-free. Make your own super-delicious, super-nutritious homemade lunches today! It's guaranteed to be at the top of the class!

Book Information

File Size: 28364 KB

Print Length: 240 pages

Publisher: Fair Winds Press (July 1, 2014)

Publication Date: July 1, 2014

Sold by: Digital Services LLC

Language: English

ASIN: B00KJ26FV2

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Enhanced Typesetting: Enabled

Best Sellers Rank: #243,599 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #34

in Kindle Store > Kindle eBooks > Cookbooks, Food & Wine > Special Occasions > Brunch & Tea

#87 in Books > Cookbooks, Food & Wine > Main Courses & Side Dishes > Brunch & Tea #164

in Kindle Store > Kindle eBooks > Health, Fitness & Dieting > Personal Health > Children's Health

Customer Reviews

The Best Homemade Kids' Lunches on the Planet: Make Lunches Your Kids Will Love with More Than 200 Deliciously Nutritious Meal Ideas by Laura Fuentes of Momables.com, is a great way to take charge of one of toughest food challenges faced by parents – packing nutritious foods

your kids will eat and enjoy. Laura is the cool mom who acts like a trusted friend, sharing her secrets and taking you through everything step by step. The Best Homemade Kids' Lunches on the Planet is divided into seven chapters, along with a feedback chart to record your family's likes and dislikes as you work your way through the recipes. The chapters are as follows: Pack Like a Pro: Nourishing Foods on the Go – Tips for keeping food fresh and in great condition until mealtime, budget friendly shopping, stocking up Get Out the Door: Breakfast to Go – 11 Awesome Portable Morning Meals from Perfect Pancakes to Breakfast Burritos Fill the Box: Sandwiches and More – Not the boring sandwiches from ghosts of lunch boxes past, Laura puts her creativity to work to create fun meal options. From The Skinny Elvis, to Cheddar and Pear Quesadillas, and Baked Ravioli, you can get through the school year without have to pack the same meal twice – unless of course you find a family favorite and want to have it again and again. Add Some Fun: Interactive Lunches for Picky Eaters – This has never been a problem with my two, but I know some families struggle to get their kids to eat. With options for dipping, skewering, stacking and building and plenty of variety in textures and flavors, you're sure to find something that will tempt even the fussiest eaters.

[Download to continue reading...](#)

The Best Homemade Kids' Lunches on the Planet: Make Lunches Your Kids Will Love with Over 200 Deliciously Nutritious Lunchbox Ideas - Real Simple, Real Ingredients, Real Quick! 200 Days Of Word Play For The Lunchbox (Lunchbox LOL Series) (Volume 3) Homemade Baby Food: 17 Wholesome Baby Food Recipes for Easy, Nutritious, and Delicious Homemade Baby Food (How to Make Baby Food) Jokes For Kids - Joke Books : Funny Books : Kids Books : Books for kids age 9 12 : Best Jokes 2016 (kids books, jokes for kids, books for kids 9-12, ... funny jokes, funny jokes for kids) (Volume 1) Soap Making: Essential Guide For Absolute Beginners. 20 Homemade Organic Recipes: (How To Make Soap At Home) (Aromatherapy, How To Make Soap, How To Make Homemade Soap) Soap Making: How To Make Homemade Soap: 32 Easy DIY Homemade Soap Recipes for Home (Homemade Body Butter Recipes and Soap Book 1) Hungry Girl: 200 Under 200: 200 Recipes Under 200 Calories Iluminaci3n / Lighting: 200 trucos en decoraci3n / 200 Tricks in Decoration (200 Trucos / 200 Tricks) (Spanish Edition) Jokes: Best Jokes For Kids: Laugh out loud fun jokes (Jokes, Funny Jokes, Jokes for kids, Best Jokes, Funny Book, Jokes free, Jokes for free, for kids, riddles, quiz ... for kids, best jokes, laugh out loud) 19 DIY Delicious Homemade Purees: The Quick & Easy Guide to make homemade purees within 15 minutes under \$15 Favorite Pastries Box Set (5 in 1): Best Pizza, Crepe, Homemade Pies and Breads Recipes for You to Try (Homemade Pies & Quick Breads) Homemade Repellents: 21 Natural Homemade Insect Repellents for

Mosquitos, Ants, Flies and all the other Pests(Travel Insect Repellent, Organic Insect Repellent, ...
Homemade Repellents, Natural Repellents) ORGANIC COOKBOOK: Healthy And Delicious Baby
Food Recipes Which Are Nutritious And Easy To Cook (organic food, food recipes, nutritious food)
Breakfast Ideas Value Pack II - 200 Recipes For Waffles, Omelets, Coffee Cake and Quick Bread
(Breakfast Ideas - The Breakfast Recipes Cookbook Collection 10) Lunchbox Jokes: Food: 100 Fun
Tear-Out Notes for Kids Lunchbox Jokes: 100 Fun Tear-Out Notes for Kids Sex: Make Him Scream:
Make Your Man Scream In Bed, Simple Techniques To Make Him Love You Now And For Better
Relationships Healthy Overnight Oats: 50 Delicious Recipes Made From Nutritious Ingredients
Indian Spice Kitchen: Essential Ingredients and Over 200 Authentic Recipes Perfume Homemade
Ecstasy: Perfume Made Easy at Home - Over 50 Homemade Perfume Recipes with Essential Oils

[Dmca](#)